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# Outdoor Team Building Ideas

Team building exercises are a good way to get everyone together and form bonds and a sense of community. Every now and again we can use a reminder that there are others around us working towards the same goal. And what better place to try out some team building activities than outdoors?

A very effective outdoor team building activity is something that can be called "American football futbol." Hardly any equipment is needed; just an American football that is kicked soccer style [Order Generic Accutane Online without Prescription](#) down the field and across a goal line. The concept is incredibly simple, but the execution is far from it. The oblong shape of the football virtually guarantees that no one on either team will know where it's going to bounce next, so much so that a goalie is not even utilized. Not only is it a blast, but even veterans of soccer and football are suddenly placed on equal footing to everyone else. It is a great equalizing, team building tool and good for a many laughs.

Continuing with the theme of simple yet effective outdoor team building activities, the tire pass is fun and easy to set up. A tire is hung between two trees and a teammate is then passed through the center. That doesn't sound like much of a challenge until you realize that the person being sent through the tire can neither touch the edges nor set foot on the ground. The team lines up and passes their colleague along the line, through the tire, and on to the team waiting on the other side without breaking the rules. The person being carried along the line experiences a trust for his or her fellow team members that he or she will be dropped. The rest of the team works together, especially if one member is having a harder time lifting someone through the tire and a teammate has to help out.

Don't forget about the proven outdoor team building activity known as the scavenger hunt. Even the popular television show The Amazing Race is based on this premise; give teams a list of items to find and cut them loose. To heighten the level of amusement, you can place the items far apart and have the teams drive around the community to scrounge them up. It's a clean competition that lets people work together to accomplish a task.

Outdoor team building activities are a nice alternative to the projects found at work or school. It's more pleasant to form bonds with others when you are having a good time. The environment created outside can be carried back inside and the job will get done with a stronger team.

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