

File Created by [Blogging Rebirth](#) WP Plugin

# Two Sources on Empowering Employees



We've long argued, in part based on our own employee engagement research, that empowering workers to make on-the-spot decisions and to contribute to the strategic direction of an organization provides benefits for employees (increases their job satisfaction) and for companies (typically greater customer satisfaction because issues are resolved sooner and at a [Buy Cialis](#) lower level; as well as increased employee loyalty and drive).

Here are two new sources that support this argument, for your reading and learning pleasure:

1. A review of multiple studies by The Cochrane Collaboration found that giving employees control over their work schedule improves their stress levels, quality of sleep, mental health, and alertness. (HR Morning)
2. "HR Bartender" Sharlyn Lauby defines 7 types of power in a workplace culture and uses these traits as the basis for an exercise to help you pinpoint how you influence action from others. (Human Capital League)

**Related:** Need more proof of the impact of this leadership practice? Read this firsthand account by an employee of a 2008 Top Small Workplace (identified as a finalist in the post based on the timing of that year's winners announcement) on how it's changed his impression of a productive workplace.

View full post on [Winning Workplaces](#)

You can also find this article published on [Two Sources on Empowering Employees](#), and on the tag pages [Employees](#), [Empowering](#), [Sources](#).