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# **Dragon Boat Race - Corporate Team Building Ideas for 2008**

Imported from Hong Kong, where races involving ancient Chinese Dragon boats were first held in 1776. It's proved immensely popular with all age groups and abilities in the UK, and spectators enjoy the stirring sight of up to 20 people all frantically paddling in unison to the beat of a drummer. [Buy cheap online Provigil](#) For more details visit [cinnamon-active.com](http://cinnamon-active.com)

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