

File Created by [Blogging Rebirth](#) WP Plugin

# **STRUT 2010 TEAM BUILDING "BOX" EXERCISE**

Watch as STRUT ALUMNI Ivy Newsome and Monique Harris direct another team building exercise during breakthrough month. The STRUT Alumni help the STRUT 2010 Cast Members put their heads together and strive as one team/one body to put aside their fears of having their personal space intruded. They must work hand and hand/arm to arm/body to body to become as one unit and fit inside a small box outline on the floor.

You can also find this article published on [STRUT 2010 TEAM BUILDING "BOX" EXERCISE](#), and on the tag pages [2010](#), [Building](#), [Exercise](#), [STRUT](#), [Team](#).