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Achieving success: Takin' Care of Business

If you're hearing the song that Bachman-Turner-Overdrive created renowned within the 60s, that's specifically what I want! I'm not talking about "business" in a strictly financial sense, but "business" with the concept that whatever you are shooting for success-wise, you complete your tasks.

As soon as you might have a course plotted for success, there are actually going to be a million things that can vie for your attention and time. It is not that these things haven't been there just before now, and it's not even that the world is plotting against you succeeding. It is just that now you've got a focus and you'll start to notice things that seem like they shouldn't be on your radar screen.

It doesn't mean that you don't do the small pesky issues that are buzzing and want to be taken care of (specifically if it relates to your job), just that you have to not let those issues pull you off-track.

So how do you stay on-task? The most beneficial way I've found, bar none, would be to keep a log of tasks that should be accomplished as you move towards your goal. Remember to break the major tasks in to a series of little ones and to give yourself a reward-system as you do it. I use check-marks; other people use stickers (sounds silly, but if it works for you, who cares?), still others use tangible rewards as they accomplish "x" number of small or big tasks.

Whatever motivates you is your key-keep it basic and maintain it attainable. If the carrot is too far out in front of the horse, the horse will give up. If it's just close enough to smell and see but just out of reach, that horse will keep moving towards the incentive.

Let's say your objective would be to lose 60 pounds. That's really [Cheap Accutane](#) a chunk of weight and can take a long time to accomplish. Let's also say that you'll need a new wardrobe. Need to you wait until all the weight is gone to purchase those new clothes? Most likely not-your existing closet full of clothes will look awfully loose and ill-fitting for those who do.

But let's talk about small, incremental rewards that assist move you towards your objective. If you lose 10 pounds, your current clothes won't look baggy on you, but you'll notice a difference inside your waistband that could possibly bother you. Do not chuck the pants or go get a new pair-take the present ones to a seamstress or tailor to be taken in.

It is a modest reward and saves you the cash of acquiring new pants that you might continue to shrink out of. It also keeps you motivated. For the next five or 10 pounds, believe about some new cosmetics or a brand new hairstyle-small issues that can make you feel much better, inside and out.

Takin' care of enterprise and staying on task. Now that's the approach to chart your self to success!

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