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# **Illustration of tyre game as a team building exercise**

There are a number of team building exercises and one of the famous team building games is the tyre game it is a wonderful team building game for the teams of ideally the number of 10-15, it is important to note the fact that a minimum of six people per team will also work and in the real time scenario it is important to note the fact that there is no upper limit for the number of members per team. The maximum number depends on the amount of space that is available and even on the level of importance that is being levied on the planning stage. The total group size remains as large as 10-15 persons and a minimum of six people per team will work.

It is also important to note the fact that the team building exercise will be a terrific event for the conferences and even the warm-ups of the quite large groups. The things that you will require for this interesting game is two bicycle tyres with different thread patterns for each and every team, The game would be organized as follows it is important to note the fact that you will organize each team into a circle and the hands of the team members will be tightly clasped. The facilitator will now introduce the tyres at the opposite point of the circle by just unclasp the hands of the two members and the tyres would be hanging on their arms. Their arms should again be joined by clasping their hands.

The main objective of the game is to pass each tyre in the opposite direction around the circle, involving two crossings of the tyres and then what you need to do is to finish with each of the tyre at the starting position. [Cheap Accutane](#). The team which would finish first will win the game. It is important to note the fact that the hands must not be unclasped and the thumbs should not be used as a support to move the tyre. It is important that you allow a minimum of ten minutes time for planning and thinking time.

The game has to be started in the same time for each and every time. The trick that is important to be taken into account is for the tyre to be moved up the arm, over the head, then down the body, at which point the person steps out of the tyre, one leg after the other, and the tyre continues down the other arm to the next team member. The most difficult aspect is when two tyres cross each other and it is important to remember the fact that this requires some kind of agility, hence it is important to remember the fact that the planning and the team selection is very important. It is important to remember the fact that as a facilitator you must have practiced this game before itself before you use it as a form of a team building exercise or even in a conference situation. Further you will have to prepare for some questions and even for demonstration incase it is required.

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